**Family Nurse Partnership Briefing for Professionals**

As part of the Young Parent’s Pathway within the Cambridgeshire and Peterborough Health Child Programme, the **Family Nurse Partnership** (FNP) is reopening its service for first time parents- to-be who are under 19 years old. The service is offering 100 places across Cambridgeshire and Peterborough.

The FNP service is an evidenced based, home visiting parenting programme. It supports young parents with complex needs from pregnancy until their child is 1 years (and may extend until their child is two years).

The aim is to help parents to achieve the best outcomes for themselves and their babies. FNP is delivered by a trained family nurse and really focusses on empowering young families helping them navigate and link with the relevant services in their community. Referrals are required to access the Family Nurse Partnership.

The other component of the Young Parent’s Pathway is the **Enhanced Health Visiting** service for those first time young parents, 19 years and under, who do not meet the FNP criteria. At the antenatal contact, the Health Visitor will offer additional visits by a Young Parent Nursery Nurse, depending on need.

This means up to four visits in pregnancy and up to five visits during the baby’s first year to deliver key public health messages support the Best Start in Life strategy. In some cases these can be extended to up to further 4 visits up to child’s 2nd birthday.

Referrals are not required - these will be arranged in conjunction with the mandated Health Visitor antenatal contact. The Young Parent Nursery Nurses will be post from November and the service will start to happen from this time on. As part of their new role, the YPNN will be visiting services in local areas to develop links to support young parents.

As part of this service redesign, the Cambridgeshire and Peterborough FNP teams have officially joined together to enable closer working and a consistent service across the area. Please see the revised referral form attached in the partner update.

Any questions? Please contact Bridget Wilkinson (Supervisor FNP and Lead for the Enhanced Young Parent’s pathway) 01480 425385