

New integrated healthy lifestyles service in Westminster and Kensington and Chelsea

The new smoking cessation and cardiovascular prevention services in Westminster and Kensington and Chelsea are now available. As of 9 December 2024, One You Westminster and One You Kensington and Chelsea are now delivered by Reed in Partnership.

Both services continue to offer smoking cessation and cardiovascular prevention services, with a renewed focus on addressing health inequalities. Working closely with VCS organisations, partners and residents, and building on the great work done by Thrive Tribe, support is now targeted towards those who need it most including global majority/Black, Asian and minority ethnic (BAME) communities, people with a disability and those with mental health issues.

How do I refer into the new service?

Access to the service is provided through self-referral or referral by a healthcare professional or community partner. Referrals to the new service will be accepted as of 9 December. This can be done through:

- The new One You website: oneyoukcw.co.uk
- Over the phone: 0808 175 6385
- Through a secure NHS email address: kcw.reed@nhs.net
- Via SystemOne.

Health Checks

One You Westminster and Kensington and Chelsea will continue to administer payments for NHS Health Check delivery.

Thrive Tribe will continue to process Health Checks payments until the end of January 2025 for checks undertaken up until the end of December 2024. Please ensure that you run your reports and submit invoices for NHS Health Checks completed in Quarter 3 by no later than 30 January 2025. All invoices should be sent to invoices.freston@thrivetribe.org.uk.

Any questions relating to payments of NHS Health Checks conducted from 1 January 2025 onwards should be directed to Reed at Rinp.billing@reed.com, any general Health Check queries can be directed to oneyou.kcw@reed.com.

If you haven't already, [please complete this MS form](#) to be added to Reed's payments system.

How to get in touch

If you have any queries regarding the new service, please contact: oneyou.kcw@reedwellbeing.org.uk.

Thank you for your partnership and commitment to serving our residents. Thank you also for the support you have offered to the service under Thrive Tribe. We look forward to continuing to work with you under the new service.