

Wednesday 4 March 2026

Dear GP colleagues,

### **Pre-pregnancy counselling service on eRS**

The pre-pregnancy counselling service is now available on eRS under the main specialty:  
Gynaecology:

*(Gynaecology | Pre Pregnancy Counselling Service TRIAGE Clinic | Queen Charlotte | Imperial NHS Trust | RYJ 8009035)*

This service is for patients who are not pregnant, but who are planning pregnancy and have pre-existing medical conditions, or for patients who have experienced medical complications in a previous pregnancy such as HELLP syndrome or early onset pre-eclampsia. Examples of pre-existing medical conditions include:

- Diabetes
- Endocrine disorders
- Haematological conditions
- Cardiac disease
- Renal disease
- Neurological disorders
- Rheumatological conditions
- Respiratory disease
- Gastrointestinal disease
- Cancer

The service provides one to one counselling sessions for eligible patients, either face to face or via a telephone consultation.

Patients who are pregnant can be referred to Obstetric Medicine via their medical or midwifery team.

For further information or if you have any questions, please contact the team on the following email address: [imperial.obsmedqcch@nhs.net](mailto:imperial.obsmedqcch@nhs.net).

Kind regards,

GP liaison on behalf of the pre-pregnancy counselling team