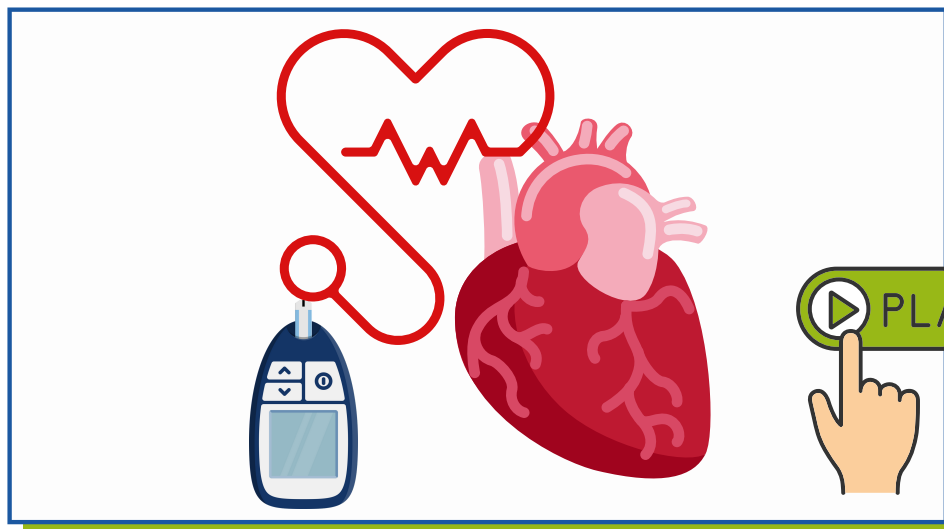


CARDIOVASCULAR HEALTH & DIABETES



AIM:

This topic aims to raise health and social care staff awareness of **how diabetes impacts on cardiovascular (heart) health**. Depending on selected CDEP level, it focuses on:

- ✓ Understand how **living with diabetes affects cardiovascular health**
- ✓ Be aware of the **routine tests** that monitor diabetes and cardiovascular risk
- ✓ Appreciate **which groups of people have a higher risk** of developing cardiovascular disease and **how an individual's risk can be determined**
- ✓ Be able to give **basic advice to support** people living with diabetes **reduce their cardiovascular risk**
- ✓ Support people living with diabetes **develop personalised care plans** to reduce their risk of cardiovascular disease.

DURATION:

This topic will take roughly **30-60 minutes to complete**

The completed topic will generate its own **certificate, reflection form for revalidation and appraisals...** as well as **CDEP rewards!**



CDEP is **award winning!** This confirms that our training is on target and proving it's value. Sign into **CDEP** and see for yourself!



Sign into **CDEP** and start

CARDIOVASCULAR HEALTH AND DIABETES today!



For more information, pls email us on info@cdep.org.uk

