

WHAT? Direct access referral pathway to pelvic health physiotherapy for female patients with urinary incontinence / overactive bladder / pelvic organ prolapse.

WHERE? The service is based at St Marys Hospital and Charing Cross Hospital and will be run by a highly specialist pelvic health physiotherapist from Imperial College Healthcare Trust.

BACKGROUND Direct access pelvic health physiotherapy service reflects NICE and NWL guidance regarding management of urinary incontinence and pelvic organ prolapse for service users to see the right clinician at the right time. West London Physiotherapy referrals should come direct to this service via ERS from the 1st May 2025 as it separates from the West London continence service. ERS referral form is now for H&F and West London patients. **If you require CLCH Specialist Continence Nursing input for your patient, please refer in via System1 (West London GPs only).**

The service will accept any female patient with urinary incontinence, overactive bladder or pelvic organ prolapse (please see inclusion and exclusion criteria attached). The service will be run out of Charing Cross Hospital & St Marys Hospitals as part of the pelvic health physiotherapy service for Imperial College Healthcare NHS Trust.
















The patients will require a **MSU within the month and a referral for a pelvic ultrasound and an abdominal and speculum examination (to rule out pelvis mass)** to enable future onward referral, if necessary, in line with the NWL referral form.

We look forward to your referrals via ERS and would appreciate feedback into how you are finding the service.

Inclusion	Exclusion	Considerations for additional Referrals
H&F & West London GP	All other GP	Persisting bladder or urethral pain
>18 years old	<18/16 years years old	Associated faecal incontinence / defecation dysfunction
Female (pilot only)	Male (pilot only)	Suspected neurological disease
Stress Urinary incontinence	Visible haematuria	Symptoms of voiding difficulty

Overactive bladder wet/dry (Urinary urgency/frequency/urge)	Persistent microscopic haematuria	Suspected urogenital fistulae
urinary incontinence, nocturia)	Recurrent or persisting UTI associated with haematuria in women aged 40 yrs or over	Symptomatic prolapse visible at or below the vaginal introitus
Pelvic organ prolapse (excluding procidentia)	Suspected pelvic mass	Palpable bladder on physical examination after voiding
Mobility- able to mobilise to clinic +/- transport	Procidentia	
	Sexual dysfunction and pelvic pain	

HOW TO REFER?

-  Gynaecology & Women's Health
 -  Gynaecology NHS Referral (Launch e-RS)
 -  Pelvic Health Physiotherapy Imperial (eRS) - USE Pelvic Health Physiotherapy Form NWL
 -  Gynaecology - NWL Referral Form
 -  Gynaecology Colposcopy (e-RS)
 -  Gynaecology Colposcopy Referral Form
 -  Gynaecology Diagnostic - UCLH Launch (eRS)
 -  Gynaecology Private Referral
 -  Cervical Screening
 -  Coil fitting for Non Contraception
 -  FGM - Female Genital Mutilation
 -  Implant & coil fitting or removal (inter-practice referral for LARC)
 -  Sub-Fertility
 -  Uro-Gynae ** See Urology Folder
 -  Hounslow

You can find the referral form to the service on ERS

Further guidance:

Request type

Referral

Advice

Priority

Routine

Urgent

2-week wait

Step 2: Select service details

Complete at least 1 field to continue

Specialty

Physiotherapy

Clinic type

Gynaecological Physiotherapy

Named clinician

[Search for a clinician](#)

Add more search detail —

Find services near

Postcode

Location

London, Greater London [Remove](#)

Maximum distance from postcode or location (optional)

miles

[Save as default distance](#)

Service provider organisation (optional)
An organisation that provides services. For example, a hospital.

IMPERIAL COLLEGE HEALTHCARE NHS TRUST [Remove](#)