



Surviving in Scrubs



Handling and Supporting Disclosures of Sexual Misconduct in Primary Care

Join Dr Becky Cox and Dr Chelcie Jewitt, doctors and co-founders of the national campaign Surviving in Scrubs, for a half day course learning how to respond to a report of sexual misconduct in healthcare. All our training is trauma informed, designed to be safe and supportive for attendees. We use lived experience stories to educate alongside our personal experiences and insights from running our campaign. In this particular training session, we will focus on scenarios from the primary care context.

What will this course cover?

- **Sexism, Sexual Harassment and Sexual Assault in the Healthcare Workplace:** An overview of sexism, sexual harassment and sexual assault occurring within the healthcare workforce, research illustrating the scale and impact of sexual misconduct in healthcare, intersectionality, lived experience testimonies, and a review of ongoing projects to tackle this issue.
- **Supporting Survivors:** An exploration of the challenges survivors face, the specialist support that survivors need, and how to support affected colleagues, with references to useful resources.
- **First Disclosure Training:** A detailed look at how a survivor may present, what their needs are and how to meet these during a first disclosure. We use a case to model this encounter and work through the steps, providing you with a structure to use with recommendations for language and phrases.
- **Responding to a Report of Sexual Violence:** This is the next step on from first disclosure. We use cases to work through the options to support a survivor and the pathway to raise a concern. We will equip you with knowledge of reporting systems, legal requirements for information sharing, how to provide support, identify risk, and support the survivor to make an informed decision about whether to progress a disclosure.





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Who is the course for?

This course has been commissioned by NHSE London and is aimed at supporting those most likely to receive disclosures of sexual misconduct in the primary care context, such as Freedom to Speak Up Guardians, practice managers or other roles in positions to support co-workers.

Where and when is it?

16th April 2026, 13:30 – 17:00

10 South Colonnade, Canary Wharf, London E14 5EA

What is the cost?

The course is provided free of charge as part of the 'Once for London' equity initiatives by NHS England London Region. Please note however, that backfill or travel expenses to attend this programme will not be covered.

How do I book on?

To express your interest in a place on this programme, please use this [booking link](#).

Contact

If you have any outstanding questions, please contact:
england.sexualsafety.london@nhs.net

