**Testing your blood after sharps injuries and blood or body fluid splashes**

**Why am I being given this leaflet?**

A member of staff has had an accident that has exposed them to your blood or body fluid in a way that may put them at risk of infection. Some infections such as Human Immunodeficiency Virus (HIV), HTLV, hepatitis B and hepatitis C can be transmitted to staff from blood and if they become infected it may significantly affect their health and their work. Hepatitis B, HTLV and HIV can be prevented by treatment if given to the member of staff quickly enough after the accident.

The Department of Health recommend that all patients involved in these accidents are asked a series of questions and have a simple blood test to see if the member of staff is at risk.

**What do I have to do?**

We ask that you complete a simple form to identify if you are in a group within the population that is at higher risk of infection. The information on the form will help us decide if the staff member needs immediate treatment. The information will be treated in the strictest of confidence and not copied to your own doctor or put on your treatment records.

You will then be asked to arrange blood tests for these infections at your GP surgery and your consent will be requested for your GP to release the results.

**What happens with my results?**

If you consent, your GP will release the results, usually by telephone, to a nurse at Imperial Health at Work. Imperial Health at Work looks after the health and wellbeing of doctors, dentists and other healthcare staff within the North-West London area in relation to their work. Your information will be held in the strictest of confidence.

**How will I benefit from the results?**

If your results show you are free from infection this will be very reassuring. If the results show any sign of infection you will be referred to a specialist for assessment and treatment. Early diagnosis of these infections can mean a better response to treatment. You should arrange with your GP how you will get the results

**How do I find out more about these infections?**

Your GP, NHS Direct **0845 46 47** [www.nhs.uk](http://www.nhs.uk) or local sexual health service can tell you more about these infections. The British Liver Trust has information about both hepatitis B and C on their website <http://www.britishlivertrust.org.uk/home.aspx> or call them on **0800 652 7330.** Monday to Friday 9:00am to 5:00pm. The Terence Higgins Trust has information on HIV from their website <http://www.tht.org.uk/> or telephone **0808 802 1221**.

**Blood borne virus risk assessment form**

Dear patient,

Please complete this form after you have read the information leaflet “Source patient information sheet”. The questions we are asking may seem quite personal and we do not wish to cause you to be upset or offended. They are standard questions used across the NHS to assess if a member of staff is at risk of HIV, hepatitis B or hepatitis C following an accident at work. If you wish, someone at the practice can read the questions to you and complete the form for you.

Please tick or put a cross in the relevant box to answer yes or no to the questions below

|  |  |  |  |
| --- | --- | --- | --- |
| **Question** | | **Yes** | **No** |
| 1 | Have you ever been diagnosed with Human Immunodeficiency Virus (HIV), hepatitis B, HTLV or hepatitis C?  If yes, please tell us which infection and when you were diagnosed? |  |  |
| 2 | If you are male, have you ever had unprotected sexual intercourse with another man? |  |  |
| 3 | Have you ever injected drugs (such as heroin or cocaine)? |  |  |
| 4 | Have you ever had a blood transfusion?  If yes, please tell us when, and in which country you were treated: |  |  |
| 5 | Have you ever worked as a sex worker or prostitute? |  |  |
| 6 | Have you ever lived in another country outside the United Kingdom?  If yes, please tell us which countries and when you lived there: |  |  |
| 7 | Have you had unprotected sexual intercourse with someone from a country that has a high incidence of HIV infection including, but not exclusively sub-Saharan countries especially Botswana, Swaziland, Lesotho, Zimbabwe, South Africa, Namibia and Zambia, West African countries, especially Ivory Coast, Abidjan and Nigeria, or Haiti? |  |  |

Patient’s name:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date of birth: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Date of accident: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Blood borne virus testing consent form**

Dear patient,

Please complete this form after you have read the information leaflet “Source patient information sheet”. The form will let us know your GP’s details and give your consent to allow your GP to let Imperial Health at Work know your test results.

|  |
| --- |
| **Your details:** |
| Name: |
| Date of birth: |
| Address: |
| Postcode |
|  |

|  |
| --- |
| **Your GPs details:** |
| GP or surgery name: |
| Address: |
| Postcode: |

Your GP should perform the following tests:

Hepatitis B surface antigen, HTLV, HIV antibodies and hepatitis C antibodies.

**Please now sign the declaration below:**

I consent to my GP releasing the results of any HIV, HTLV or hepatitis tests that I have as a result of this accident.

**Signed: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_**

If you do not have a GP or wish to be followed up elsewhere please let the practice know and alternative arrangements can be made.

*To the practice staff:*

*This form when completed can be emailed to* [*imperial.ohdutynurse@nhs.net*](mailto:imperial.ohdutynurse@nhs.net)