The London Community ICU Peer Support Group For former ICU patients, relatives and friends

What is it?

The group is a friendly and informal way to share ICU related experiences with people who have been in similar situations. It offers emotional support, promotes understanding of Post Intensive Care Syndrome and its impact on recovery, and nurtures hope for survivors and their friends and family.

When is it?

The online meeting is set up every 1st Wednesday of the month at 7pm for 1 hour.







Where is it? Its online format allows everyone to join easily.

For more information: Please visit <u>https://reignitepurpose.com/london-</u> <u>community-icu-peer-support-group-signup</u> or contact us: stella@reignitepurpose.com

The London Community ICU Peer Support Group is developed in partnership with ICUsteps





Scan QR code to sign up and for more information