

Invite: Unpaid Carers - GP/Practice Manager Roundtable 06/10/25 and 16/10/25

In October 2025, NHS England will host two national online roundtables, with a focus on unpaid carers, and their identification and care planning in Primary Care.

July 2025's [10 Year Health Plan for England](#): fit for the future, [page 34](#), recommends that 'Unpaid Carers will be actively involved in care planning' and that we 'capture information about unpaid carers systematically, to ensure their responsibilities are recognised and supported.' Productive personalised care and support planning is often dependent on carer identification. In Primary Care, NICE recommends enhancing Unpaid Carer identification [here](#) by 'using opportunities such as GP appointments, flu jab appointments, and home visits.'

We would like to invite GP's or Practice Managers from across England, to attend one of two roundtables on either:

- Monday 6th October 2025, 14:00 – 15:00
- Thursday 16th October, 10:00 – 11:00

Here we will discuss best practice in carer identification and personalised care and support planning, the benefits, blockers and solutions.

- To register an interest please contact jim.smith10@nhs.net by 17.09.25
- Please get back to us as soon as possible indicating which of the sessions you can attend, and any roles you may have across the health system, and we will send you a placeholder and teams link for this call.
- Note: attendance for each session will be limited to a maximum of 15
- Please contact melanie.gregory4@nhs.net with any queries