# Primary care Training & Development opportunity for practices and PCNs across North West London



- Need more support with triaging and supporting digital access?
- Frustrated and angry patients affecting staff morale?
- Need some headspace to think through processes that everyone can follow?

#### If this is you or someone you know, please:

- 1. **Sign up** to be part of the next round of our exciting training and development programme aimed at reception and administration team members led by the Digital Transformation and Delivery Team.
- 2. Join one of our briefing webinars at 12:30pm on Wednesday 13<sup>th</sup> November or Tuesday 19<sup>th</sup> November to find out more and what's required (email <a href="mailto:nhsnwl.digitalfirst@nhs.net">nhsnwl.digitalfirst@nhs.net</a> to register and receive link or to find out more).
- 3. Share this opportunity with colleagues in your practice and PCN who may be interested we are looking for representation across 2-3 practices in each PCN. Sessions will be mixed with participation from practices across North West London to share learning and experiences



## What can I expect to learn?

#### The programme will help you to:

- ✓ Establish a consistent approach to triage and request management for the most common requests across practices
- Ensure you have the tools, skills and forum to maximise the use of digital tools to help improve access, patient and staff experience
- ✓ Gain confidence in the use of digital tools to help you do your job more effectively
- ✓ Feel better supported and empowered to navigate requests effectively, manage complexity and develop stronger personal and team resilience in challenging situations

#### What will the format be?

The programme will cover 4 modules:

- 1. Dealing with common and frequent (face to face workshop on 28<sup>th</sup> November or 5<sup>th</sup> December)
- 2. Identifying features and inclusions for complexity and how to utilise digital triage when appropriate (face to face workshop on 28<sup>th</sup> November or 5<sup>th</sup> December)
- 3. Improving personal growth and resilience (delivered by Mindfulness UK) (face to face workshop on 13<sup>th</sup> December and remote)
- 4. Wash up session/reflective practice/community of support (remote)

### Who should participate?

We recommend **2-3 people per practice** including one person who is a decision maker in the practice and has authority to enact change (practice manager or clinician).

