

Upcoming webinars for your practice and patients



Practice webinar: Join our free webinar to learn how to easily refer eligible patients to the NHS Type 2 Diabetes Path to Remission Programme with Counterweight. [Register here.](#)

Patient webinar: Invite your eligible patients to a free webinar to learn how they can put their Type 2 diabetes into remission through the NHS programme. Use this [SMS template and eligibility search file](#) to invite your patients.

Programme Updates April 2025

We're pleased to share the latest progress of the Counterweight NHS Type 2 Diabetes Path to Remission Programme within the **North West London** Integrated Care Board (ICB).

Thank you to the following practices for leading the way in patient referrals and making a significant contribution to the success of the programme:

Church End Medical Centre
Oldfield Family Practice
Belmont Health Centre

Queens Park Medical Centre
Grand Union Medical Centre



Key Programme Metrics

Referrals received to date: **898**

Completed 12 weeks: **218**

Weight change at 12 weeks: **-8.9% of body weight**

