

NW London Children and Young People Bulletin

Welcome from Dr Mando Watson, NW London CYP Clinical Lead

and

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Welcome to our latest CYP bulletin, a monthly update intended to give professionals who work with babies, children and young people a snapshot of all things CYP.

Thank you to you all for your continued hard work keeping our babies, children and young people safe and well through the winter season.

A huge amount of work goes into these crucial months and seeing professionals from across the system come together, supporting each other to care for our smaller people and their families should be a source of tremendous pride for all of us.

As always, your feedback on the content and design of this bulletin is welcome as would any ideas for improving our reach across the sector, showcasing case studies, insights and points of learning. You can contact us with all your great insights by email cyp.nwl@nhs.net

Regards
Mando & Niamh

Top Tips for GPs

Recognising that this is a busy time for Child Health with many viral illnesses circulating below are some tools that will help:

- Template on S1 and Emis - Found under autoconsult, paediatrics, NWL template. Template has integrated coding, table of normal reference ranges, colour coded to NICE traffic light system and links to safety netting. The phone lines for A&G are included.
- Guidelines - Guidelines, resources, patient leaflets for 'top 10' common childhood issues - both physical and mental health, with easy-to-use guidelines, GPs can help by managing these conditions in the community where possible, improving quick access to appropriate investigations for children and increasing GP confidence in when and where to refer. [To find out more click here.](#)
- Measles Webinar - On 25th January 2024 the launch of the webinar focusing on vaccine hesitancy and comes in light of the reported increases in measles cases across NW London. [To find out more click here.](#)

#AskAboutAsthma Evaluation

Last year's #AskAboutAsthma campaign was the most successful ever, with 435 organisations directly involved and a social media reach of over 3.5 million.

[This evaluation](#) shows the breadth of engagement and extended reach - possibly due to the theme this year of 'widening our view' and the areas covered as a result. As always, there are learning points that we'll take on board for next year too.

Please share this with your networks, including place-based contacts, and ask them to forward to anyone who may be interested or would like to be involved in future campaigns.

Many thanks indeed for your support of #AskAboutAsthma and to everyone who took part.

Launch of a tool for London to help identify and address damp and mould issues

The toolkit complements the Government's recent guidance outlining the serious risks that damp and mould can pose to tenants' health: [Understanding and addressing the health risks of damp and mould in the home](#).

We would appreciate your help and efforts in promoting [this new toolkit](#) widely, using any channels available to raise awareness of the toolkit and to encourage health and care professionals to use it when visiting households.

If you need any further information, please contact office@adphlondon.org.uk.

Youth Work in Health Based Settings

Please share this invitation to London's new Community of Practice for Youth workers to improve the health of CYP in the capital.

It is being held virtually on **Monday 5th February at 2-3pm on MS Teams**. The CoP is for:

- youth workers with a focus on health or managing health conditions, including mental health
- managers of a health care service with a youth work element or considering employing youth workers

This is a collaboration between NHS England (BCYP Transformation Team and Partnership for Young London). Please book a place on this [link](#).

New creative arts competition launched to improve awareness of healthcare rights for children and young people in London

The competition is open to **CYP living in London, aged 3-25** and prizes will be awarded in February 2024 to the winning entries. Submissions can include illustrations, paintings, drawings, creative writing pieces, videos, spoken word and more!

Through this competition, we hope to inspire and empower CYP to share what they learn about their healthcare rights, and to know that healthcare professionals are here to listen to them and take their views on board when planning their healthcare. The online submission for is live and will close at **midnight on Friday 26th January 2024**.

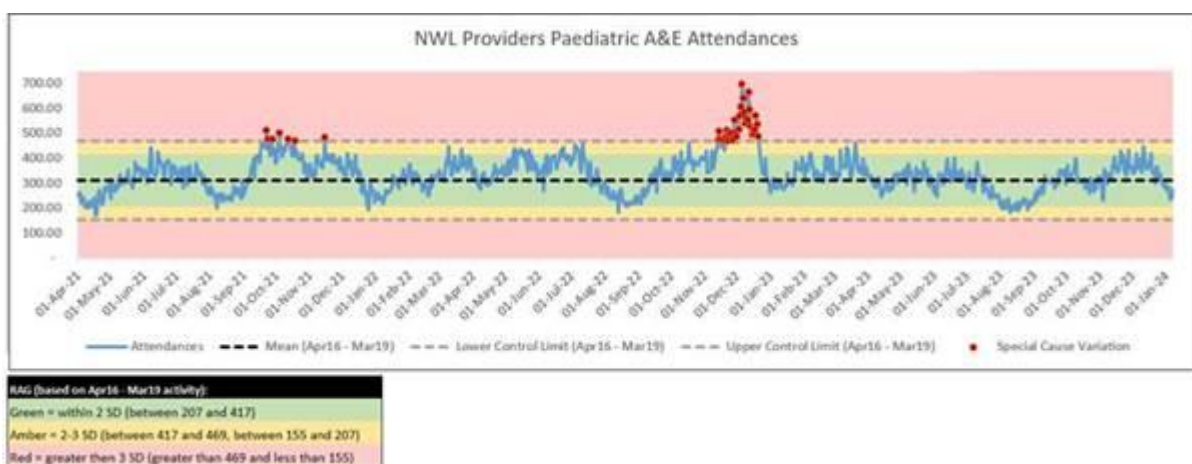
Please spread the word to your networks using #CYPHealthRights.
[Find full details including how to enter the competition here.](#)

Paediatric A&E data trends

A&E attendances remain slightly below the pre-COVID average (Apr-19 to Mar-19) and continue to follow the same pattern as 2022 with a slight rise.

Key Points:

- In week 1, influenza activity decreased across some indicators, including hospital admissions, but increased in others.
- COVID-19 and respiratory syncytial virus (RSV) activity decreased across most indicators.
- FluSurvey continues to show reduced mixing in week 1, which may contribute to decreased transmission of respiratory viruses
- A&E attendances fell below pre-COVID average (Apr-19 to Mar-19)



Distribution List

This communication has been shared with:

Local Authority Children's Social Care, Local Authority Commissioners, Local Authority Education, Local Authority Public Health, Community Mental Health Services, Community Health Services, CYP NWL Programme team, Comms, Borough Delivery Team, NWL ICS Team, Paediatric clinical leads (Primary & Secondary care), GP Federation Contacts, Service Director's for Children's Serv, Parent and Carer Groups, Safeguarding / Designates, Other NWL, Place2Be, Young People Third Sector Leads, Youth Councils & Other Third Sector.

If you need more information on any of the items listed above please contact the team at cyp.nwl@nhs.net.