

NHS NORTH WEST LONDON ICS - MESSAGE TO ALL NWL GP PRACTICES

21st May 2024

This cancer GP bulletin contains updates for GPs and their practice staff on the following:

1. **C the Signs – training dates and videos– All practice staff**
2. **Community Cancer Awareness Grants Programme – All Practice staff**
3. **Multi Cancer Blood Testing programme – go live now scheduled October 2024 - All practice staff**
4. **Bowel Cancer Awareness Campaign – Bowel Cancer UK - All practice staff**
5. **Physical activity in cancer care – All GPs, nurses, pharmacists and support staff including social prescribers and HCAs**
6. **Insight work promoting a focus group to understand women's experiences - All practice staff**
7. **Macmillan Cancer Support – Early Cancer Diagnosis Fellow posts – All clinicians**
8. **New resources from Cancer Research UK – All practice staff**
9. **Cancer Care Reviews – All GPs, practice nurses**
10. **West London Primary Care education schedule – all practice staff**

C THE SIGNS – TRAINING DATES AND VIDEOS

FOR INFORMATION - ALL PRACTICE STAFF

- C the Signs helps identify patients at risk of cancer, identifying the tumour type and recommending which test, diagnostic or cancer referral is indicated, and allowing you to quickly action these.
- Already used by the majority of practices across NW London, C the Signs has demonstrated a positive impact on cancer detection and has improved clinical and administrative processes.
- To support primary care staff maximise the benefits that this tool can offer, C the Signs have made available the following training:

New to C the Signs training (30 minutes)

- Book onto the [C the Signs Administrator Webinars here](#) (next sessions 28th May @1pm, 4th June @11am)

- Book onto the [C the Signs Clinician Webinars here](#) (next sessions 5th June @1:30pm, 10th June @12:30pm)

Videos (less than 5 minutes long)

[C the Signs Referral Inbox Video](#) (new referral inbox)

[C the Signs FIT Video](#) (FIT safety-netting and the new FIT view on the dashboard)

COMMUNITY CANCER AWARENESS GRANTS PROGRAMME

FOR INFORMATION - ALL PRACTICE STAFF

- RM Partners, North West and South West London Cancer Alliance are offering up to £500 to local community and voluntary groups, to hold activities and events that support local people to stay healthy and well. During these events we will be asking for messaging about cancer awareness to be shared and we will provide groups with all the resources they need to support with this, including online training delivered by Cancer Research UK.
- This programme is part of our plan to reduce the time it takes from when a person first notices a cancer sign or symptom to the time they see their GP.
- We are open to ideas about different types of events or activities. Types of events groups could run may include yoga sessions, coffee and tea mornings, meditation hours, exercise classes, knitting workshops and more. All events or activities will need to take place between 15 July and 30 September 2024.
- More information and the application form can be found by visiting [New grant programme for cancer awareness activities - RM Partners](#)
- The deadline to apply is **31 May 2024, 11pm**.

Please can you share this opportunity with any community and voluntary groups who might be interested to apply.

MULTI CANCER BLOOD TESTING (MCBT) PROGRAMME – GO LIVE NOW SCHEDULED OCTOBER 2024

FOR INFORMATION - ALL PRACTICE STAFF

- The NHS is conducting a large-scale in-service evaluation of a multi-cancer early detection blood test (the Galleri test).

- The Multi-Cancer Blood Test (MCBT) programme (previously known as the Galleri pilot) will offer up to 1 million multi-cancer early detection tests to asymptomatic people in select areas of England.
- It was originally proposed that the programme would commence from the summer of 2024 for a period of 2 years. **The timetable for rollout of the programme has now changed with the programme commencing from October 2024.**
- For more information on this programme, please contact Lindsay Ballantyne, Operational Programme Director for the Multi-Cancer Blood Test Programme (Email: lindsay.ballantyne@nhs.net)

BOWEL CANCER AWARENESS CAMPAIGN – BOWEL CANCER UK

FOR INFORMATION - ALL PRACTICE STAFF

- Bowel Cancer UK have launched a new campaign on potential symptoms of bowel cancer. The campaign, Tell Your GP Instead, is encouraging people experiencing key symptoms of possible bowel cancer to contact their GP to ask for an at-home test.
- The campaign is running until early 2025, reaching audiences via newspapers, radio, out of home sites (e.g. bus stops) and digital advertising. It is hoped that by getting the message into targeted communities, it will increase the number of people diagnosed at an earlier stage when bowel cancer is easier to treat.
- The links to more information about the campaign can be found on the links below:

[Tell Your GP Instead | Campaigns | Bowel Cancer UK](#)

[Toolkit | Tell Your GP Instead | Bowel Cancer UK](#)

[Bowel Cancer UK campaign targets adults most reluctant to see GP | Charity Today News](#)

As a consequence of this campaign, you may notice an increase in appointments from patients who may be concerned about their cancer risk

PHYSICAL ACTIVITY IN CANCER CARE

FOR INFORMATION - ALL GPs, NURSES, PHARMACISTS AND SUPPORT STAFF INCLUDING SOCIAL PRESCRIBERS AND HCAS

- As part of our programme of work for 2024/2025, the RMP Personalised Care team is keen to ensure people living with and beyond cancer are aware of the benefits of physical activity, as well as the opportunities and support available to help them incorporate activity into their lifestyles.
- Our plan is to develop training, support and information to ensure staff feel confident to provide brief behaviour change interventions focusing on physical activity and health promotion at all points across the cancer pathway. We also want to offer awareness and promotion of physical activity opportunities across the alliance for people to utilise, for example, specific exercise classes or walking groups in community settings.

Our next steps include:

- Provision of a clinical staff survey to understand knowledge, attitudes and behaviour towards physical activity in cancer care
- Developing a training offer for clinical staff to increase knowledge and confidence to talk about physical activity and cancer
- Mapping of physical activity offers / services available across north west and south west London

We would value your input/feedback and ask that you complete the survey and share with members of your team. This will help us understand the needs for education across the alliance and tailor the training and resources to address these.

Please complete this survey which can be accessed [here](#) or via the QR code below.



INSIGHT WORK PROMOTING A FOCUS GROUP TO UNDERSTAND WOMEN'S EXPERIENCES

FOR INFORMATION - ALL PRACTICE STAFF

- RM Partners have recently worked alongside local hospitals to launch a pilot project offering soft breast prosthesis in a range of skin tones. This project aims to improve the care for women who would like a temporary soft breast prosthesis and make this more personalised to them.
- We are hosting a focus group on **Tuesday 11th June, 7-8pm**, to hear from women who have been offered a soft breast prosthesis following breast cancer surgery. This will help us to better understand what changes are needed and hear peoples views and experiences about the temporary soft breast prosthesis they have been offered.
- More information about this opportunity can be found here - [v2RO-Focus-group-advert_finalised.pdf \(rmpartners.nhs.uk\)](#)
- Register your interest by emailing rmpartners.personalisedcare@nhs.net or calling [07801 216768](tel:07801216768).

MACMILLAN CANCER SUPPORT – EARLY CANCER DIAGNOSIS FELLOW POSTS

FOR INFORMATION – ALL CLINICIANS

APPLICATION DEADLINE -27TH MAY 2024

Macmillan Cancer Support are currently advertising two [Early Cancer Diagnosis Fellow posts](#).

These part-time roles (2 days per week for 6 months) will be working on early diagnosis projects with a focus on health inequalities and will be part of the Centre of Clinical Expertise at Macmillan.

They are open to any health care professionals with experience of working in the early diagnosis of cancer, so please circulate as appropriate. For any questions about these roles, please contact Anthony Cunliffe: acunliffe@macmillan.org.uk.

NEW RESOURCES FROM CANCER RESEARCH UK

FOR INFORMATION – ALL CLINICIANS

- Cancer Research UK have recently published several resources for health care professionals which you may find useful:

- [A summary of the latest evidence on, and pilots of, colon capsule endoscopy.](#)
- [Information for health professionals to support timely diagnosis of lung cancer](#), including information on lung cancer in never smokers.
- A new [Oesophageal Cancer Insights Guide](#) for GPs.
- [Two new bitesize learning modules on remote consultations](#), to ensure that the recognition and referral of patients with suspected symptoms of cancer is not delayed if the opportunity for a face-to-face consultation isn't available. These modules have been produced with Doctors.uk.net and supported by a CRUK GP throughout their development (please note a free account is required to access these modules).

CANCER CARE REVIEWS

FOR INFORMATION– ALL GPs, PRACTICE NURSES

- Macmillan Cancer Support have highlighted several resources [available on their website](#) to support primary care professionals to ensure that the quality of Cancer Care Reviews is maintained following the new contract which confirms that CCRs are payment protected.
- These resources are designed to ensure that everyone diagnosed with cancer has the opportunity to have meaningful conversations with a Primary Care professional. They also have a [Practical Implementation Guide for Cancer Care Reviews](#) which provides information, tips, tools and resources on delivering an effective CCR.

WEST LONDON PRIMARY CARE EDUCATION FREE OPPORTUNITIES

Educational Event	Targeted Audience	Training Dates	How to register / access
<p>Primary Care Cancer Education Programme (across 2 years)</p> <p>Programme to support:</p> <ul style="list-style-type: none"> • GP Practices and PCN teams in identifying early signs of cancer. • Working as a team to support people living with cancer, meet PCN DES and QOF / IIF requirements. <p>Delivered by Red Whale</p>	<p>This course is open to the following PCN staff members:</p> <p>GPs, PAs, Advanced Nurse Practitioners, Advanced Clinical Practitioners, Practice Nurses, PCN Pharmacists, PCN Paramedics, PCN First Contact, Physiotherapists, PCN Social Prescribers</p> <p>Any other role supporting patients with long term conditions</p>	<p>On Demand training available to access until January 2025</p>	<p>www.gp-update.co.uk/RMP2</p> <p>enter discount code PCCEP21RMP</p>
<p>Cancer Screening courses</p> <p>Gateway C have released Screening modules cover the breast, cervical, and bowel cancer screening programmes.</p> <p>These courses are FREE and worth 1 CPD point.</p> <p>These courses are designed to support primary care in implementing national screening programmes.</p>	<p>All relevant primary care staff involved with screening programmes.</p>	<p>On Demand training.</p>	<p>Our Courses - GatewayC - Register for free to login and enrol</p>

<p>Early Diagnosis Resources – Gateway C</p> <p>March 2024 Gateway C have released training modules to support primary care staff in effectively assessing and managing patients with symptoms potentially indicative of Prostate Cancer, Brain Tumour, Colorectal Cancer and Ovarian Cancer and recognising patients who are most at risk.</p> <p>April 2024 To mark Bowel Cancer Awareness Month, Gateway C have made available the following courses available via April cancer early diagnosis resources (sendinblue.com)</p> <ul style="list-style-type: none"> ○ Bowel Cancer Awareness Month resources ○ FIT ○ Bowel Screening ○ Lower GI podcast <p>May 2024 To support the messaging associated with Skin Cancer Awareness Month and World Ovarian Cancer Day (8th May), Gateway C have made available the following</p>	<p>All relevant primary care staff</p> <p>All relevant primary care staff</p>	<p>On Demand training.</p> <p>On Demand training.</p>	<p>Prostate Cancer Brain Tumour Colorectal Cancer Ovarian Cancer</p> <p>April cancer early diagnosis resources (sendinblue.com)</p> <p>Skin Cancer - GatewayC Ovarian Cancer - GatewayC</p>
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<p>resources</p> <ul style="list-style-type: none"> ○ Skin Cancer ○ Ovarian Cancer 			
<p>Early Cancer diagnosis training modules – South East London Cancer Alliance (SELCA)</p> <ul style="list-style-type: none"> • SEL Cancer Alliance has launched an early cancer diagnosis resource for primary care. • The online resource will comprise of bitesize modules, each focussing on a specific cancer or group of cancers, and can be completed within 10 minutes. • The following modules are now available: <ul style="list-style-type: none"> • Head and Neck cancer • Pancreatic training module. • Lung Cancer training module. • Myeloma training module. • Oral Cancer • Oesophageal cancer • Brain Cancer 	<p>Primary care clinical staff - GPs, PAs, Advanced Nurse Practitioners, Advanced Clinical Practitioners, Practice Nurses, PCN Pharmacists, PCN Paramedics</p>	<p>On Demand training.</p>	<p>Head and Neck cancer Pancreatic training module. Lung Cancer training module. Myeloma training module. Oral cancer Oesophageal Cancer Brain Cancer</p>
<p>Telephone triage training supports</p>	<p>All clinicians</p>	<p>Free on demand training</p>	<p>UKONS Telephone Triage</p>

assessment of cancer patients			training programme page
Cancer Conversations: Cancer in an Ageing Population Gateway C	All GPs	Free on demand	Cancer in an Ageing Population - GatewayC

CANCER WEBINAR PROGRAMME - [West London Primary Care Webinars - YouTube](#)

Date	Time	Topic	Host (s)	Video recording / joining link
12th August 2021	12:30 – 1:30	Urology <ul style="list-style-type: none"> • Overview of Urological Cancer & the Pandemic • Prostate Cancer • Bladder Cancer 	<p>Dr Abhijit Gill, NWL Primary Care Cancer Clinical Director for RM Partners.</p> <p>Mr Manit Arya, Consultant Urology, Charing Cross Hospital & Imperial College Healthcare NHS Trust, London</p> <p>Mr Giles Hellawell, Consultant Urological Surgeon, Imperial College Healthcare NHS Trust, London</p>	Watch the session here
17th November 2021	12:00 - 1:15	Lung <ul style="list-style-type: none"> • Impact of Covid-19 on referrals for Lung Cancer • Covid-19 vs Lung Cancer • Local RMP Pilots • Improving referral management for Lung Cancers • Case studies • Q&A 	<p>Dr Abhijit Gill, NWL Primary Care Cancer Clinical Director for RM Partners.</p> <p>Dr Susannah Bloch, Acute Respiratory Consultant at Imperial and Lung Clinical Pathway Lead at RM Partners</p>	Watch the session here
14th January 2021	12:00 - 1:15	Haematological Cancers <ul style="list-style-type: none"> • Improving Referral Management for Haematological Cancers • Case Studies 	<p>Dr Abhijit Gill, NWL Primary Care Cancer Clinical Director for RM Partners.</p> <p>Dr Anastasia Chew, Haematology Consultant, Chelsea and Westminster Hospital NHSFT</p> <p>Dr Akila Danga, Consultant Haematologist, Hillingdon Hospitals NHSFT</p>	Watch the session here
9th February	1:00 –	Lower GI	Dr Bushra Khawaja, GP Cancer Lead – Hillingdon	Watch the session here

2022	2:00	<ul style="list-style-type: none"> Improving Referral Management FIT Case Studies Support available and resources for Primary Care 	Dr Alistair Myers, Consultant Colorectal Surgeon Specialty Lead for General Surgery and Urology, Hillingdon and Mount Vernon Hospitals, Chair of Colorectal Cancer Working Group, RM Partners	
3rd March 2022	1:00 – 2:15	PCN DES and National Screening programmes <ul style="list-style-type: none"> PCN DES for Early Cancer Diagnosis PCN Requirements Hints and Tips to support delivery Screening programmes Current screening uptake improvement interventions 	Dr Abhijit Gill, NWL Primary Care Cancer Clinical Director for RM Partners Dr Baldeep Syan, GP Cancer Lead – Hammersmith and Fulham	Watch the session here
5th April 2022	1.00 – 2.00	Personalised Cancer Care <ul style="list-style-type: none"> Holistic Needs Assessments Treatment Summaries ‘What Matters to you?’ 	Dr Abhijit Gill, NWL Primary Care Cancer Clinical Director for RM Partners Katherine Malhotra, Personalised Care Clinical Lead for RM Partners Janice Minter, Lead Cancer Nurse Chair for RM Partners.	Watch the session here
17th May 2022	1:00 – 2:00	Rapid Diagnostic Centres (RDCs) <ul style="list-style-type: none"> Update on RDCs available in NWL and improving access to RDCs 	Dr Abhijit Gill, NWL Primary Care Cancer Clinical Director for RM Partners Dr Baldeep Syan, GP Cancer Lead – Hammersmith and Fulham	Watch the session here

		<ul style="list-style-type: none"> Case studies to support best practice 		
28th June 2022	1:00 – 2:00	Gynaecology <ul style="list-style-type: none"> Improving Referral Management Case Studies Support available and resources for Primary Care 	<p>John Butler, Consultant Gynaecological Oncology Surgeon, Chair of Gynaecology Cancer Working Group, RM Partners</p> <p>Dr Lyndsey Williams, GP Cancer Lead for Brent and Ealing</p>	Watch the session here
14th July 2022	1:00 - 2:00	Cancer Hot Topics <u>Prostate Cancer:</u> .Approach to take in delivering this aspect of the DES and what support is available to assist you. <u>Use of FIT for suspected colorectal cancer:</u> Clarification of when FIT should be dispensed, the referral pathway and how practices and PCNs can track how patients FIT results are received and entered into patient notes.	<p>Dr Abhijit Gill, NWL Primary Care Cancer Clinical Director for RM Partners</p> <p>Dr Maria Wallace, GP Cancer Lead for Wandsworth.</p> <p>Hasan Qazi, Consultant Urologist at St George's University Hospital, Chair of Urology Cancer Working Group, RM Partners</p>	Watch the session here.
14th September 2022	1 – 2pm	Breast Cancer <ul style="list-style-type: none"> Improving Referral Management Case Studies 	<p>Nicky Roche, Consultant Breast Surgeon, Royal Marsden Hospital, Chair of the Breast Cancer Working Group</p> <p>Jason Lee, Consultant Breast and Reconstructive</p>	Watch the session here.

		<ul style="list-style-type: none"> Support available and resources for Primary Care 	(Oncoplastic) Surgeon, Clinical Lead for the Breast Service at London North West University Healthcare NHS Trust	
26th October 2022	12 -2pm	<p>The Good Smear Taker – supporting nervous and anxious patients</p> <ul style="list-style-type: none"> Understanding the anxieties that patients have around HPV, the screening process and how to respond to these. Top tips and communication skills in handling and managing nervous patients in the treatment room. Develop a greater understanding on the Colposcopy process to support conversations with patients. 	<p>Gill Burgess, Lead Nurse for the Croydon cervical screening clinics for nervous and anxious women</p> <p>Marianne Wood, Colposcopist and Hysteroscopist at St Georges</p>	Watch the session here .
Wednesday 20th September 2023	1 - 2pm	<p>West London Cancer Update</p> <ul style="list-style-type: none"> An update to changes to 2ww/FDS and PCN 	Dr Thomas Round (Research Clinical fellow for RM Partners) and Dr Lucy Sneddon (SWL Primary Care Clinical Lead)	Watch the session here

		<p>DES</p> <ul style="list-style-type: none">• Background to cancer detection via primary care and key data sources• An overview of primary care cancer detection programme and including next steps• Information on Rapid diagnostic centres (RDCs) and NG12 criteria• Information on resources and education opportunities		
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