

MELODIC: Music therapy Embedded in the Life Of Dementia Inpatient Care



Wednesday 8 May 2024
11.30am to 12.30pm

Dr Ming-Hung Hsu & Naomi Thompson

Presentation via
Microsoft Teams

Please note that you will need to register to join the seminar and you will need to have access to Microsoft Teams.

In the UK, although there is an emphasis on supporting people living with dementia in community or residential care settings, a minority, with the most advanced illness and experiencing severe distress, are cared for in National Health Service (NHS) inpatient mental health wards. MELODIC is an 18-month NIHR funded study to co-design and pilot a standardised music therapy protocol to reduce distress on these wards. MELODIC consists of 5 phases: a systematic review, a realist review, a qualitative exploration of current practice, co-design of the protocol, and pilot of the protocol in 2 sites to facilitate refinement and testing of feasibility.

In this presentation we will discuss the methodology and methods for the project, in particular how co-design and realist research practices are informing our work. We will share findings from the two reviews and qualitative exploration which have been completed, along with our initial co-designed protocol, and discuss our ongoing plans to facilitate protocol refinement.



Dr Ming-Hung Hsu: Since 2008, Ming has developed a music therapy service in care homes, winning the Laing Buisson Excellence in Dementia Care award. In 2019, the service featured in the BBC TV programme, Our Dementia Choir with Vicky McClure. Ming's research focuses on music therapy for managing neuropsychiatric symptoms of dementia. His research applies heart-rate analyses, cognitive theories and research findings of affective neuroscience in music therapy treatment.



Naomi Thompson qualified as a music therapist from Anglia Ruskin University in 2020, having previously gained a BA in music from the University of York. Naomi is currently a second year Vice Chancellor PhD Scholar at the Cambridge Institute for Music Therapy Research, Anglia Ruskin University. Her project aims to co-design, with experts-by-experience, a novel music therapy intervention to reduce distress on NHS inpatient mental health dementia wards. This project is funded by the NIHR Research for Patient Benefit programme. Alongside her PhD studies, Naomi continues to practice as a music therapist in homeless hostels in Cambridge. [naomi.thompson@aru.ac.uk]

To register your attendance please email nichole.veloso@nottingham.ac.uk no later than 9.00am Tuesday 7 May 2024, to be added to the electronic Teams invitation list.