

Do you want to make a difference in research that supports young people?

Are you 25 years old or under?



**Have you had difficulties managing your emotions?
(with or without support from mental health services)**



OR

Are you a parent/carer of a young person with similar experiences?

JOIN OUR PPI ADVISORY GROUP

Patient and Public Involvement (PPI) *

Our study explores how teenage experiences relate to personality disorder diagnoses and how support can be offered earlier and more effectively.

▶ **Young people with personality difficulties often experience intense emotions, relationship struggles and feeling misunderstood**

**Payment:
£25 for each
1 hr meeting**



What do we need help with?

Making our research relevant and meaningful to young people.

What: 1hr Online Meetings

**When: Meetings start February 2026,
(project runs until September 2028)**

No prior research experience needed.



<https://qrto.org/88wmDT>

**FOR MORE INFORMATION OR TO REGISTER YOUR INTEREST, EMAIL
ELENI (DOCTOR/PHD STUDENT) AT ELENI.FRISIRA@NOTTINGHAM.AC.UK**

OR CLICK THE LINK/SCAN THE QR CODE.

